



**PARKMINSTER UNITED CHURCH**  
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**Sunday, February 3, 2019**  
**Fourth Sunday after Epiphany**

**Reflection: “This is Hard”**

Rev. Fred Monteith, Rev. Heather Power, Rev. Joe Gaspar

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**LARGE PRINT** Bulletins, Voices United Hymn Books and Bibles are available from the ushers.

**BULLETIN NOTATIONS:**

★ Signal to stand, for those who are able.

**VU**~Voices United Hymn book **MV**~More Voices Hymn book

*Welcome Visitors! We're glad to have you worshipping with us at Parkminster and would like to make sure you feel connected. Please take a few minutes to fill out one of the white information envelopes found in the pews and place it on the offering plate, or put it in the mail slot outside the office. Whether you'd like more information about Parkminster's programs, want to request offering envelopes, or have a question about becoming a member – or whatever else is important to you, we'd love to hear from you! Welcome!*

**GATHERING**

**Prelude**

“Scottish Air”

*arr. by Joseph Martin*

**Welcome**

**Statement of Welcome**

One: In gratitude and with respect we begin by recognizing the First Nations on whose traditional land we make our spiritual home, the Anishnawbe (A-nish-NA-bay) the Haudenosaunee (Ho- di-no-SHOW-nay), and the Neutral. We acknowledge, with regret, that this history has rarely been respectful. We commit to just relationship in the present.

**All:** Seeking true community, we welcome all who have no church home, need strength, and are seeking deep meaning. Welcome to those who have doubts or who do not believe. Welcome to those whose faith is sure, and to those who believe, but who are asking large questions.

One: Welcome to visitors and to familiar friends. Welcome to grandparents, to mothers, fathers, youth and children, couples, and single people.

**All:** Welcome to people of all colours, gender identities, abilities, and sexual orientations.

One: Welcome to each who is searching for meaning, who is seeking an understanding of community and what it means to accompany one another.

**All:** As we come together as church, we turn to one another with gratitude and pray that we will be strong together, faithful together, and loving together. We seek blessing as we welcome the great gift of spirit in us, through us, and among us.

## Joys and Concerns

### Preparing to Worship

#### Call into Community

One: Do you really not know...

**All:** that he is God of all in the heavens and on the earth?

One: Have you really not heard...

**All:** how she has brought princes to naught and oppressors to their knees?

One: Haven't you already been told...

**All: that you're counted among the stars, and that you matter?**

One: Do you not know, have you not heard?

**All: We come to learn, we come for our strength to be renewed, we come in hope.**

★ **Introit** "Know that God Is Good" 🎵 MV #104

*We will sing in Swahili: "Mungu ni mwema" (2x)*

***"Mungu ni mwema,  
mungu ni mwema,  
mungu ni mwema,  
nimwema, ni mwema."***

## PREPARING

### Opening Prayer

Creator God, you who have called forth each star by name, we are in your presence this hour. We come before you acknowledging and celebrating the journeys of our Black siblings and cousins far and wide. We come knowing that these journeys have been met with much strife and pain, and although there have been triumphs along the way, the pain and brokenness of oppression lingers yet. But we come celebrating a people whom you have infused with a boundless faith, and whose hope in you has manifested into renewable strength and fortitude. And so we come, Creator God. Guide our worship this hour. May we not grow weary but soar on eagle's wings as one people, bound together in your love. Amen.

**Ministry of Music:** "How Excellent Thy Name"

*by G.F. Handel*  
(accompanist, Bob Hudgins)

## Passing of the Peace

One: Sharing the peace of Christ is not merely a Sunday morning greeting.

**All: It is the first gift given to his friends on that first Sunday morning.**

One: It does not matter if we are at peace with our neighbour.



**All: All that matters is that the peace of Christ flows through us.**

One: The peace of Christ be with you.

**All: And also with you.**

## EXPLORING

### Prayer of Preparation

**All: We so want to domesticate your word, to make your word a servant to our needs. And yet, your word will not be bound by us, because you love us. And so, we listen. Listen for your imagining of what we could be if we let you. Bless us yet again with a word.**

**Children's Song**      "Draw the Circle Wide"      🎵 MV # 145

### Story Time

*Following the passing of the peace, children and youth will leave for Sunday School activities!*

*For babies and toddlers, there is the Family Worship Space at the back of the sanctuary. Each week, there will be an adult present so that the children can play and be cared for while parents worship. Parents are free to come and go from that space, according to the needs of their children.*

📖 **Scripture** — Philippians 2: 1-15 (NT., pg. 197) and Galatians 3: 26-28 (NT., pg. 189)

## Acclamation

One: May God bless these readings to our understanding.

All: **May it be so.**

### **Questions for Reflection:**

- *How difficult is it for you “to regard others as better than yourselves?”*
- *What does it mean to you to humble yourself?*

## Ministry of Music “You Can Do This Hard Thing”

*by Carrie Newcomer*  
(soloist, Angie Murray)

## Reflection

“This is Hard”

Rev. Fred Monteith

## ★ Hymn:

“Many Are the Lightbeams”

♪ VU #588

## **RESPONDING**

## Offering Invitation

*If you are visiting with us or are new to Parkminster please do not feel obligated to participate in the offering, your presence is your gift to us.*

## Offertory

“Lord, I Want to Be a Christian”

*arr. by Brad Nix*

★ **Dedication:** “Christ Has No Body Now but Yours” ♪ MV #171

***Christ has no body now but yours,  
no hands but yours.***

***Here on this earth, yours is the work,  
to serve with the joy of compassion.***

## ★ Offering Prayer

## Prayers of the People

## The Lord's Prayer (*A Paraphrase*)

**All:** Eternal Spirit,  
 Earth-maker, pain-bearer, Life-giver.  
 Source of all that is and that shall be.  
 Father and Mother of us all,  
 Loving God, in whom is heaven:  
 The hallowing of your name echo through the  
 universe!  
 The way of your justice be followed by all  
 peoples of the world!  
 Your heavenly will be done by all created beings!  
 Your commonwealth of peace and freedom  
 sustain our hope and come on earth.  
 With the bread we need for today, feed us.  
 In the hurts we absorb from one another, forgive  
 us.  
 In times of temptation and test, strengthen us.  
 From trials too great to endure, spare us.  
 From the grip of all that is evil, free us.  
 For you reign in the glory and the power that is  
 love, now and for ever.  
 Amen.

### RETURNING

★ Hymn: "We Are Marching"      🎵 VU #646

*We will sing in original language: "Siyahamba" (2x)*

***"Siyahamb ekukhanyen kwenkhos,  
 Siyahamb ekukhanyen kewnkhos.  
 Siyahamb ekukhanyen kwenkhos,  
 Siyahamb ekukhanyen kwenkhos.  
 Siyahamba, khanyen kwenkhos.  
 Siyahamba, hamba, siyahamba, hamba,  
 siyahamb, ekukhanyen kwenkhos.  
 Siyahamba, khanyen kwenkhos.  
 Siyahamba, hamba, siyahamba, hamba,  
 siyahamb, ekukhanyen kwenkhos."***

## ★ Commissioning and Blessing

### ★ Sung Alleluia

“Alleluia”

♪ MV #52

***Alle, alle, alleluia!***  
***Alle, alle, allelu, alle, alleluia!***

### Postlude

“Allegro Giocoso”

*by Denis Bedard*



It is with deep sadness that we share the passing of Parkminster member, Ron Hustwitt, beloved husband of Parkminster member Nora Hustwitt. Ron was an active member of the Parkminster community, a willing volunteer, especially with the Pastoral Care Committee where he spent many terms compassionately caring for the well-being of others. Ron will be missed by his Parkminster friends. As a caring congregation we extend our love and most heartfelt sympathies to Nora, her children, extended family and friends as they mourn their loss. We pray they will feel comfort and support from our prayers as we hold them in the light. Ron's memorial was held Friday, February 1<sup>st</sup> at Erb & Good Funeral Home; Rev. Joe officiated.

**Thank you to everyone who has offered their gift of time to volunteer in various ways this Sunday:**

**Greeters:**.....Sandra Quehl, Sue Usaty

**Ushers:** .....Jack & Mary Reynolds, Ron & Sue Usaty

**Lay Reader:** .....Heather Watts

**Sunday Activity Leaders:**....Joscelyn Alexander, Lynn Harper,  
 .....Rob Vanderlinden, Franceen Wagner and  
 .....Rev. Heather Power

**Soloist:** .....Angie Murray

**Accompanist:** .....Bob Hudgins

**Counters:**.....Marilyn Hill & Bud Adams

**A/V Coordinator:**.....Sandy Quehl

**A/V Operator:** .....Terry Ridgway

**Chancel Arrangement:** .....Annette Dekker

**Coffee Hour Hosts:**.....Jack & Mary Reynolds

**Coffee Hour Dessert:**.....Patrick Plein

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**The Ministry of Parkminster:** ....All of us  
**Ministers:**.....Rev. Joe Gaspar (ext. 23)  
.....Rev. Heather Power (ext. 22)  
**Music Director:** .....Neil Murray (ext. 25)  
**Office Administrator:**.....Melanie Chisholm (ext. 21)  
**Custodian:**.....Allen Switzer (ext. 26)

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**This Week Let Us Pray For**

**World Council of Churches:** Andora, Italy, Malta, Portugal,  
San Marino, Spain, Vatican City

**Western Ontario Waterways:** Zion United Church, Crediton

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**“WHAT’S UP AT PARKMINSTER!”**

**For a detailed listing of events, activities & notices please refer to the “What’s UP” email sent out every Friday.** If you have an announcement you’d like to include, please email the office with a brief message. Deadline is Thursday at 10:00a.m. To receive “What’s UP” please contact the office. **A limited number of hardcopies are available on the table in the Upper Hall.**

<p><b><u>House Group #4:</u></b> TODAY after worship, HG #4 will gather in the Family Room to plan for March responsibilities.</p>
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<p><b><u>2018 Annual Report is Now Available:</u></b> A limited number of copies are available in the Narthex. Some copies will also be available at the ACM next Sunday.</p>
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<p><b><u>Annual Congregational Meeting:</u></b> Next Sunday, February 10<sup>th</sup>, the ACM will immediately follow morning worship in the Sanctuary. It is important for as many people as possible to attend as we will need to have quorum for important votes. We will need to approve the 2019 budget, approve a new slate of volunteers for Council and Committees. Please note that there will not be a pre-ACM Budget Meeting today, as the budget will be presented at the ACM. There will be coffee and a light snack available. ~ Maedith Radlein</p>
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<p><b><u>Study Leave:</u></b> Rev. Joe is currently on study leave, returning Sunday, February 10<sup>th</sup>. Please contact Rev. Heather in his absence by phone 885-0935 ext. 22 or email: revheather.parkminster@gmail.com</p>
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**\*NEW\* Seniors Drop-In:** Outreach and Inclusive Ministries invites you to come and have coffee and to play games on **Thursday, February 14<sup>th</sup> from 2:00pm – 4:00pm.** We will provide a snack and hopefully there will be lots of visiting and laughter! If you have a favourite game that you like to play, bring it along, although we will have some games on hand. This is an initiative to create some programming for our senior friends, but all are welcome!

**Kids Party! (Parents Night Out!): Saturday, February 16<sup>th</sup>, 5:30pm–7:30pm.** Children are invited to join us for a supervised time of fun, food, and fellowship! Dinner will be provided along with activities in the gym while parents have the opportunity to enjoy their own time out! RSVP to Rev. Heather by email: [revheather.parkminster@gmail.com](mailto:revheather.parkminster@gmail.com). Please include name(s) & age(s) of your child(ren) as well as any allergies.

**Outreach:** Donations for **TCOW (Colombia)** or the **Nicaragua Project**, will be accepted up to the **end of February** so that cheques may be delivered to the appropriate organization in a timely manner. Please make your cheque out to “Parkminster United Church” - clearly mark “TCOW” or “Nicaragua” on your envelope/cheque. Thank you.

**Offering Envelopes Are Ready:** 2019 Offering Envelopes and PAR Letters are available for pick up in the Upper Hall.