

Opening:

Jesus gave his famous Sermon on the Mount on the side of a mountain...but he had to climb it first! To start, find some blocks (Lego, Mega Construx, foam, etc.) and build the tallest, biggest mountain you can! If you have any toy figures/dolls, choose some to be Jesus and the disciples to climb the mountain. Can you get them all to fit on the side of the mountain you built together?

**Children's Story:**

Listen to the story of the Sermon on the Mount and the different ways Jesus showed how to be a saint to those around you. The Beatitudes are a complicated set of instructions, but it boils down to a few key things Jesus says you need to lead a happy life, be you, and serve God:

The Bee-Attitudes:**Be Grateful**

Be grateful for the grownups in your life, the blessings you have and the talents or gifts you've been given.

Be Smart

Educate yourself and learn all you can to be the best person you can be and the most helpful person you can be.

**Be Clean**

Live a life you and your family can be proud of. Make smart choices in the games you play, the shows you watch, and the books you read. Enjoy content and have friends who bring out the best in you.

Be True

Be loyal to good causes, to your family, and to God. Do what you promise to do for others.

Be Humble

Realize that you don't know everything and that you're still learning. Realize that sometimes you need help from others to live your life and be your best self.

Be Prayerful

Part of being humble is realizing that sometimes you need God - you need to pray - when you are feeling sad or overwhelmed. Pray when you have something to celebrate and when you need help with something that feels out of your control.

Be Positive

Even when things are tough, know that they can be turned around and that there are always blessings to be found all around us if we look for them. Look for the positives in life and focus your life and actions in a positive way!

Be Involved

Things can be positive and can be better if we act to help make them better. If you see an opportunity to help, get involved and help where you can! That's what makes us all God's saints and God's people - we act according to God's instructions and don't just sit by and watch life happen around us.

**Bible Memory Verse:**

Review last week's video for the ASL of our Bible Memory Verse: "Love your Neighbour as Yourself"

Follow-Up Family Activities:**Bee-Attitude Bee:**

Do you have a toilet paper roll and some coloured paper or construction paper at home? Make yourself a bee-attitude bee to remind you of how Jesus teaches us to be! First, make your bee. You can follow the instructions in this video:

<https://www.youtube.com/watch?v=WYOR1v5DGpE>

You can even print/write the Bee-attitudes on the wings of your bee to remind you of Jesus' teachings!

Be You, with Bee-Attitude:

Do you have some magazines at home? Cut out pictures you find in magazines that feel like they represent you...things that make you happy. You want to find things to glue onto a piece of paper that help you be your best self and give you the strength and energy to live life with your best bee-attitude!

**Closing Prayer & Worship Song:**

Finish the lesson with this final prayer and our semester theme's worship song "Give It Away"!

