

Parkminster United Church Safety Plan

Ontario has taken measures to be able to live with and manage COVID-19 for the long-term. Ontario Public Health Guidelines state we all need to do our part to protect ourselves and others, especially during this respiratory illness season. Masking is now recommended for in-person worship and visiting the church. We also encourage practising good hand hygiene, physically distancing from others, staying home when you are sick, and staying up to date on your vaccinations.

If you have tested positive for COVID-19, Ontario Public Health Guidelines require you to stay at home until:

- Your symptoms have been improving for at least 24 hours (or 48 hours if you had nausea, vomiting and/or diarrhea)
- You do not have a fever
- You do not develop any additional symptoms

When your symptoms are improving and you are no longer isolating at home, Ontario Public Health Guidelines suggest doing the following to provide extra protection against the spread of COVID-19 and other respiratory viruses circulating in the community. For 10 days after your symptoms started:

- Wear a well-fitted mask in all public settings
- Avoid non-essential activities where you need to take off your mask (for example, dining out)
- Avoid non-essential visits to anyone who is immunocompromised or may be at higher risk of illness (for example, seniors)
- Avoid non-essential visits to highest risk settings in the community such as hospitals and long-term care homes

Because Parkminster has a vulnerable population (seniors), WE ASK PARKMINSTER MEMBERS AND CHILDREN TO:

- Stay at home if you are sick, wear a mask, physically distance from others, and practise good hand hygiene
- If you test positive for COVID-19:
 - Avoid all in-person church activities for 10 days after your symptoms started
 - Advise the office if you have attended any recent church events

If someone in your household tests positive for COVID-19, we encourage you to wear a well-fitted mask to all church activities.

Committee/Council In-Person Meetings

Because the church does not have the facilities for hybrid meetings, before determining if an in-person meeting is viable, the Committee/Council Chair will ask each member individually about their ability to meet in-person and their preference for mask wearing. The mode of meetings (either in-person or virtual) is to be based on inclusivity for all. That is, if all members cannot meet in-person, then virtual meetings are required.